

Table 1. Summary of Health Status and Health Behavior Measures in the PSID: 1968-2005

<b>Measure of health status or health behavior</b>	<b>Family member and years available: H=head, W=wife, FUM=Family members</b>
<b>General health status, height, weight, cognition</b>	
General health status (5-point scale)	H, W: 84-05
General health status when < 17 years old	H, W: 99-03
Miss one month or more of school due to health problem from birth to age 16?	H, W: 05
Health better/worse than people your own age?	H, W: 86
Health better/worse than 2 years ago?	H, W: 84-87, 05
Expect health to be better/worse 2 years from now?	H, W: 86
Height & weight	H, W: 86, 99-05
Cognition/vocabulary tests: 14 questions	H: 72
<b>ADL/IADL-type measures</b>	
Difficulty doing each of the following by self, without equipment?	
bathing or showering	H, W 55+: 92-96, 99-01; All FUM 55+: 92-96; H, W all ages: 03-05
dressing	H, W 55+: 92-96, 99-01; All FUM 55+: 92-96; H, W all ages: 03-05
in or out of bed or chair	H, W 55+: 92-96, 99-01; All FUM 55+: 92-96; H, W all ages: 03-05
walking	H, W 55+: 92-96, 99-01; All FUM 55+: 92-96; H, W all ages: 03-05
getting outside	H, W 55+: 92-96, 99-01; All FUM 55+: 92-96; H, W all ages: 03-05
using the toilet	H, W 55+: 92-96, 99-01; All FUM 55+: 92-96; H, W all ages: 03-05
if yes to any of the above, anyone help you do these activities?	H, W 55+: 92-96, 99-01; All FUM 55+: 92-96; H, W all ages: 03-05
Any difficulty doing the following by yourself?	
preparing meals	All FUM 55+: 92-96
shopping for personal toilet items or medicine	All FUM 55+: 92-96
managing own money	All FUM 55+: 92-96
using the telephone	All FUM 55+: 92-96
doing heavy housework	All FUM 55+: 92-96
doing light housework	All FUM 55+: 92-96
Trouble walking several blocks or climbing stairs?	H, W: 86
Trouble bending/lifting/stooping?	H, W: 86
Health keep you from driving?	H, W: 86
Receive assistance when travel in community?	H, W: 86
Have to stay indoors most/all of the time because of health?	H, W: 86
Confined to bed or chair most of day because of health?	H, W: 86
<b>Specific conditions</b>	
Doctor ever told you that you have...	H, W: 99-05
stroke	H, W: 99-05
high blood pressure	H, W: 99-05
diabetes	H, W: 99-05
cancer or malignant tumor, excluding skin cancer	H, W: 99-05
if yes, whether in treatment, remission, or cured; what type	H, W: 05
chronic lung disease	H, W: 99-05
heart attack	H, W: 99-05
coronary heart disease, angina, congestive heart failure	H, W: 99-05
emotional, nervous, psychiatric problem	H, W: 99-05
if yes, specify diagnosis	H, W: 05
arthritis	H, W: 99-05
asthma	H, W: 99-05
permanent loss of memory or mental ability	H, W: 99-05
How long had each condition?	H, W: 99-05
How much does each condition limit normal daily activities?	H, W: 99-05
Problems with eyesight that cannot be corrected with glasses?	H, W: 86
<b>Mental health</b>	
30-day depression/anxiety (K6 short screening scale)	Respondent: 01-03
12-mo. major depression screener (from the Composite International Diagnostic Interview)	Respondent: 03
<b>Work/activity limitations</b>	
Physical or nervous condition that limits work?	H: 68-05 (73-75, only asked of new heads); W: 78, 81-05; All FUM 78
Severity of limitation (a lot, little, etc..)	H: 76-05; W: 78, 81-05; All FUM 78
How long had condition?	H: 69-75, 78 (73-75, only asked of new heads); W: 78; All FUM 78
Do you expect to get better?	All FUM: 78
Is your health getting better?	H: 69-75 (73-75, only asked of new heads)
Do you require a lot of extra care by someone? Does this mean extra costs?	All FUM: 78
Does your health limit the work you can do around the house?	H: 69-71
Not working or not going to school because of poor health?	All FUM: 69-72
Health condition limits kind of demanding physical activities?	H, W: 86
Anyone else in family who requires a lot of extra care? Who is that?	69-72, 76-77
Anyone else in the family not in good health? Who is that?	FUM: 90-91, 96; FUM 55+ 92-95
Permanently (or temporarily, starting in 1993) disabled	H: 76-05; W: 79-05
Ever had illness or accident that laid you up for month or more?	H: 68
Miss work last year because family member sick? Who was it? How many days?	H: 76-05; W 77-05
Miss worked because sick? How much?	H: 76-05; W 77-05
How many days work missed on main job in last year because sick or otherwise unable to work	H: 68
Miss any work last year because you or someone in family sick? How much?	H employed: 68-75
Number of weeks sick last year	H unemployed: 68-75