

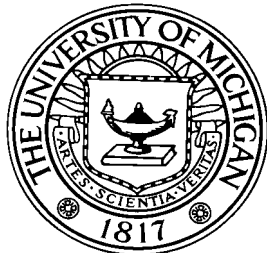
SID #: \_\_\_\_\_ - \_\_\_\_\_ HH \_\_\_\_ TD \_\_\_\_

INTERVIEWER LABEL

FOR OFFICE USE ONLY

# The Child Development Supplement CDS-III 2007

## WEEKDAY TIME DIARY



Boxes below are for Interviewer use only

CHILD/ADOLESCENT'S FIRST NAME

\_\_\_\_\_

Diary Day (Pre-Selected):

MON TUE WED THUR FRI

MODE OF TD:  
(Circle ALL  
that apply)

1. SAQ
2. FtF
3. Phone

RESPONDENT:  
(Circle ALL  
that apply)

1. Child/Adol
2. PCG
3. OCG
4. Other

Date of TD Iwer Administration/Review:

\_\_\_\_ / \_\_\_\_ / \_\_\_\_

Length of TD Iwer Admin/Review:  
Min

Length of TD Iwer At-Home Edit::  
Min

**Please read the next 3 pages carefully before you begin your diary!**

**Instructions:** An important part of our research is to find out how young people spend their time during the week and on the weekends. The Time Diary tells us about everything you do in one day. These diaries are the best way for us to get the most accurate information possible. Please fill them out **before we come for your interview** so that we can finish more quickly.

- Please fill out the Time Diary for the **day of the week** circled on the front cover.
- Fill out the Time Diary for the **person named** on the front cover.
- Use **one line** for each activity and write in what you were doing.
- If you were watching TV, playing a video/computer game, or reading a book, please write in what you used the activity and the name of the program, game or book.
- Please write in who was doing the activity with you and who else was in the same location, but not doing the activity with you.
- Write in if you were doing any **other** activities at the same time, (column J). If you did two activities at the same time, write in the one you considered to be the main activity in column A.
- **Always enter travel time as a separate activity.** For example, if one activity is in your home and the next activity is at a friend's house, there should be travel time in between. Any time there is a major location change (not just from one room to another), there must be some travel time.
- Please fill out the diary for the whole **24-hour** time period, starting with midnight and ending at midnight. List your first activity of the day, your second activity of the day, and on to your last activity of the day.
- **There should be no gaps in time.** The ending time for one activity should match the beginning time for the next activity.
- On the next pages are examples of activities and how they would be filled out in the time diary. The following is only **an example** of how to fill out a time diary. A day in your life will not be exactly like the example. Your interviewer will be glad to help you with any questions or problems you may have. Please give this diary to your interviewer at the time of your interview.
- Most importantly, this Time Diary is completely confidential. Only you and your interviewer will see it. Please be as honest and as exact as possible.

**A few pointers ....**

- Record travel time anytime you change locations – even if you walked somewhere.
- Do not write in someone's name. Write in their relationship to you (for example, sister or father).
- It works best to fill out the diary as the day goes by, putting in as much detail as possible. That way, you are less likely to forget what you did and it will be most accurate.
- There should be no gaps in time. Make sure the beginning time for an activity is the ending time for the previous activity.
- You do not need to fill out columns **H, I, or J** if you are sleeping, showering, or doing other personal/private activities or if you are in school or working.

## A Day in the life of Brian, a 16 year old teenager...

1. Brian's weekday begins at 7:10 am, when he wakes up to get ready for school. Since the time diary day began at midnight, Brian records that he was "Sleeping" from midnight until 7:10 a.m. in Column A, the "Primary Activity" column. After pressing snooze twice, Brian finally gets out of bed at 7:20 and hops in the shower. *For personal or private activities, such as sleeping, showering, using the bathroom, etc., columns H - J do not need to be completed.* After a quick shower, Brian gets dressed and goes to the kitchen for breakfast.
2. From 7:40 a.m. until 7:55 a.m. Brian joins his mother and his sister, Liz, for breakfast. Notice that he records the word "Sister" in Column H, rather than writing "Liz." *To ensure accuracy and avoid any confusion, you should **always record the relationship you have with the person(s) you are talking about, rather than their name.*** Since his family also uses this time to catch up on the news, he is sure to record "Watching TV" as his "secondary activity" (Column J). Brian is primarily involved in eating breakfast, and is only watching T.V. as an activity to do while eating. He also writes in the name of the news show they are watching, "Good Morning America," and days where he is. Since nobody else is in the house with them, Column I is crossed out.
3. At 7:55 a.m. Brian drives himself to school. *As mentioned before, **travel time MUST be recorded when going from one place to another.** The only time this is not necessary is when the two locations are within the same structure. For example, Brian did not record travel time from his bedroom to his kitchen, and will not record travel time from the Oriental Express in the mall to the Abercrombie in the same mall.* While he is driving, he listens to a CD, and records this as a secondary activity.
4. Brian arrives at high school at 8:05 and has classes until 2:35 p.m. *As with personal/private activities, columns H, I and J do not need to be completed when the primary activity is "In School," "Attending Classes," "Working," or "At work."* Once school is over, he runs over to the track field with some of his teammates to change and get ready for practice. Practice starts at 3 p.m. and lasts until 4:15. Because his coaches are strict, Brian is not allowed to do anything else during practice, so his secondary activity is crossed out. After practice, he drives home to eat and shower.
5. Brian arrives home to an empty house at 4:25 p.m. He fixes himself a quick meal and also uses his Blackberry to chat with his friends and check his emails while he eats. He records the software he uses -- AIM (AOL Instant Messenger). When he is done eating, his sister comes home, and he stays on his Blackberry to keep chatting and to play a couple computer games on-line. At 5:20 he gets in the shower to clean up. After his shower, his mom comes home, and he gets a phone call from one of his friends Emily; they are deciding to meet up at the mall in a few hours and she needs a ride. Brian records "Talking on Phone" as his primary activity, and although his friend Emily was not there in his house, she was still part of the activity since he was talking to her, and this is recorded in Column H. He also puts his secondary activity as "making plans" to make it more clear what the phone conversation was about. Brian starts on his homework, using his computer to help him with a presentation, and quits around 7:05 to go pick up Emily.

6. Since Brian makes two separate trips, one to go get Emily, and one to go to the mall, he records each separately. Again, Brian specifies he is picking up “a Friend,” not “Emily.” They arrive at the mall at 7:25 and stay until 9. Although Brian and his friends do many different things at the mall, including shopping and eating, the primary purpose of the entire trip was to serve as a social event, so he records “socializing” as his “primary activity” and lists the more specific activities as secondary. Then, Brian records the two trips home – one to drop off Emily and then to drive to his house.
7. When he gets home, he talks with his mom about their days. Brian tells her about his homework presentation, and she gives him some advice and agrees to help him a bit with his project. They move to the computer room and work together for the next hour. Brian records that his mom was doing the activity with him (Column H), and writes down the software they used. Once they decide the presentation is OK, Brian decides to watch a little television before bed.
8. At 11 p.m. Brian decides it’s time to go to bed, and “sleeping” is recorded for the remainder of the day. The day is over at midnight.

**Any questions? Call 1-800-759-7947**

*blank*

| TIME     | A                           | B                 | C                 | D   | E  | F  | G                         | H   | I  | J   |
|----------|-----------------------------|-------------------|-------------------|---|--|--|---------------------------|---|--|---|
|          |                             |                   |                   | <i>If the activity is TV, video, games, computer, software, or books:</i>   |  |  |                           |   |  |   |
|          | <i>What did you do?</i>     | <i>Time Began</i> | <i>Time Ended</i> | <i>What did you use to watch or do this activity? (ex. TV, DVD, VHS, I-pod or other MP3, X-box, computer, cell phone, etc.)</i> | <i>What was the name of the (program/video/ game/ book)?</i> | <i>If you accessed the Internet to do this activity what website(s) did you use?</i> | <i>Where were you?</i>    | <i>Who was doing the activity with you?</i> | <i>Who (else) was there but not directly involved in the activity?</i> | <i>What else were you doing at the same time?</i> |
| Midnight | <b>1. Sleeping</b>          | 12:00             | 7:10              | ----  | ----   |  | At home                   | ----  | ----   | ----  |
|          | Trying to wake up           | 7:10              | 7:20              | ----  | ----   |  | At home                   | ----  | ----   | ----  |
|          | Showering                   | 7:20              | 7:35              | ----  | ----   |  | At home                   | ----  | ----   | ----  |
|          | Getting dressed             | 7:35              | 7:40              | ----  | ----   |  | At home                   | ----  | ----   | ----  |
|          | <b>2. Eating Breakfast</b>  | 7:40              | 7:55              | TV  | Good Morning America   |  | At home                   | Mother, <del>Liz</del> sister               | X  | Talking, watching TV                              |
|          | <b>3. Driving to school</b> | 7:55              | 8:05              | X   | X  |  | In car                    | X   | X  | Listening to CD's                                 |
|          | <b>4. At school</b>         | 8:05              | 2:35              | ----  | ----   |  | School                    | ----  | ----   | ----  |
|          | Going to track practice     | 2:35              | 2:45              | X   | X  |  | Walking                   | Friends, Teammates                          | other kids   | Talking, Goofing around                           |
|          | Changing into uniform       | 2:45              | 3:00              | ----  | ----   |  | Field Locker room         | ----  | ----   | ----  |
|          | Track Practice              | 3:00              | 4:15              | X   | X  |  | High school's Track Field | Friends, Teammates, Coaches                 | Other Friends, Teammates, Coaches                                      | X   |
|          | Going home                  | 4:15              | 4:25              | X   | X  |  | In car                    | X   | X  | Listening to CD's                                 |
|          | <b>5. Eating dinner</b>     | 4:25              | 5:00              | Blackberry  | AIM (AOL), Firefox   |  | At home                   | X   | X  | Checking email, using IM's                        |
| 5 PM.    | Playing computer            | 5:00              | 5:20              | Blackberry  | Resident Evil, Final Fantasy, AIM (AOL)                      |  | At home                   | X   | <del>Liz</del> Sister  | Chatting, playing games                           |

| TIME | A                           | B                 | C                 | D   | E  | F  | G                      | H   | I  | J   |
|------|-----------------------------|-------------------|-------------------|---|--|--|------------------------|---|--|---|
|      |                             |                   |                   | <i>If the activity is TV, video, games, computer, software, or books:</i>   |  |  |                        |   |  |   |
|      | <i>What did you do?</i>     | <i>Time Began</i> | <i>Time Ended</i> | <i>What did you use to watch or do this activity? (ex. TV, DVD, VHS, I-pod or other MP3, X-box, computer, cell phone, etc.)</i> | <i>What was the name of the (program/video/ game/ book)?</i> | <i>If you accessed the Internet to do this activity what website(s) did you use?</i> | <i>Where were you?</i> | <i>Who was doing the activity with you?</i> | <i>Who (else) was there but not directly involved in the activity?</i> | <i>What else were you doing at the same time?</i> |
|      | games                       |                   |                   |   |  |  |                        |   |  |   |
|      | Showering                   | 5:20              | 5:35              | ----  | ----   |  | At home                | ----  | ----   | ----  |
|      | Talking on phone            | 5:35              | 5:45              | X   | X  |  | At home                | Friend                                      | Sister, mom  | Making plans                                      |
|      | Doing homework              | 5:45              | 7:05              | Laptop  | PowerPoint, Microsoft Word                                   |  | At home                | X   | Sister, mom  | Using computer                                    |
|      | <b>6. Go pick up friend</b> | 7:05              | 7:15              | X   | X  |  | In car                 | X   | X  | Talking on Cell Phone, Listening to CD's          |
|      | Go to mall                  | 7:15              | 7:25              | X   | X  |  | In car                 | <del>Emily</del> Friend                     | X  | Talking, Listening to CD's                        |
|      | Socializing                 | 7:25              | 9:00              | X   | X  |  | Mall                   | Friends                                     | Random People  | Talking, Shopping, Eating Dinner                  |
|      | Drive friend home           | 9:00              | 9:10              | X   | X  |  | In car                 | <del>Emily</del> Friend                     | X  | Talking, Listening to CD's                        |
|      | Drive home                  | 9:10              | 9:20              | X   | X  |  | In car                 | X   | X  | Listening to CD's                                 |
|      | <b>7. Chat with mom</b>     | 9:20              | 9:30              | X   | X  |  | At home                | Mom   | Sister   | Talk about homework                               |
|      | Work on homework            | 9:30              | 10:30             | Laptop  | PowerPoint, Microsoft Word, Adobe Photoshop                  |  | At home                | Mom   | Sister   | Use computer, Discuss Project                     |
|      | Watch TV                    | 10:30             | 11:00             | TV  | South Park   |  | At home                | X   | Mom, Sister  | Have a glass of Milk                              |
|      | <b>8. Sleeping</b>          | 11:00             | Midnight          | ----  | ----   |  | At home                | ----  | ----   | ----  |

*Now it's your turn!*

| <i>Don't forget travel time!</i>                                      |                  |            |            |  |   |  |                 |                                      |  |  |
|---|------------------|------------|------------|--|---|--|-----------------|--------------------------------------|--|--|
| DO NOT ANSWER H-J IF SLEEPING, PERSONAL CARE, OR IN SCHOOL OR WORKING |                  |            |            |  |   |  |                 |                                      |  |  |
|   | A                | B          | C          | D  | E   | F  | G               | H                                    | I  | J  |
| TIME  | What did you do? | Time Began | Time Ended | What did you use to watch or do this activity? (Examples: TV, DVD, VHS, I-pod or other MP3, X-box, computer, cell phone, etc.) | What was the name of the (program/video/ game/ book)? | If you accessed the Internet to do this activity, what website(s) did you use? | Where were you? | Who was doing the activity with you? | Who (else) was there with you but not directly involved in the activity? | What else were you doing at the same time? |
| Midnight  |                  | 12:00 AM   |            |  |   |  |                 |                                      |  |  |
|   |                  |            |            |  |   |  |                 |                                      |  |  |
|   |                  |            |            |  |   |  |                 |                                      |  |  |
|   |                  |            |            |  |   |  |                 |                                      |  |  |



| <i>Don't forget travel time!</i> |                  |            |            | DO NOT ANSWER H-J IF SLEEPING, PERSONAL CARE, OR IN SCHOOL OR WORKING  |   |  |                 |                                      |  |  |
|----------------------------------|------------------|------------|------------|--|---|--|-----------------|--------------------------------------|--|--|
|                                  | A                | B          | C          | D  | E   | F  | G               | H                                    | I  | J  |
| <b>TIME</b>                      | What did you do? | Time Began | Time Ended | What did you use to watch or do this activity? (Examples: TV, DVD, VHS, I-pod or other MP3, X-box, computer, cell phone, etc.) | What was the name of the (program/video/ game/ book)? | If you accessed the Internet to do this activity, what website(s) did you use? | Where were you? | Who was doing the activity with you? | Who (else) was there with you but not directly involved in the activity? | What else were you doing at the same time? |
|                                  |                  |            |            |  |   |  |                 |                                      |  |  |
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|----------------------------------|------------------|------------|------------|--|--|--|-----------------|--------------------------------------|--|--|
|                                  | A                | B          | C          | D  | E  | F  | G               | H                                    | I  | J  |
| TIME                             | What did you do? | Time Began | Time Ended | What did you use to watch or do this activity? (Examples: TV, DVD, VHS, I-pod or other MP3, X-box, computer, cell phone, etc.) | What was the name of the (program/video/game/ book)? | If you accessed the Internet to do this activity, what website(s) did you use? | Where were you? | Who was doing the activity with you? | Who (else) was there with you but not directly involved in the activity? | What else were you doing at the same time? |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
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|----------------------------------|------------------|------------|------------|--|--|--|-----------------|--------------------------------------|--|--|
|                                  | A                | B          | C          | D  | E  | F  | G               | H                                    | I  | J  |
| TIME                             | What did you do? | Time Began | Time Ended | What did you use to watch or do this activity? (Examples: TV, DVD, VHS, I-pod or other MP3, X-box, computer, cell phone, etc.) | What was the name of the (program/video/game/ book)? | If you accessed the Internet to do this activity, what website(s) did you use? | Where were you? | Who was doing the activity with you? | Who (else) was there with you but not directly involved in the activity? | What else were you doing at the same time? |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
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|----------------------------------|------------------|------------|------------|--|--|--|-----------------|--------------------------------------|--|--|
|                                  | A                | B          | C          | D  | E  | F  | G               | H                                    | I  | J  |
| TIME                             | What did you do? | Time Began | Time Ended | What did you use to watch or do this activity? (Examples: TV, DVD, VHS, I-pod or other MP3, X-box, computer, cell phone, etc.) | What was the name of the (program/video/game/ book)? | If you accessed the Internet to do this activity, what website(s) did you use? | Where were you? | Who was doing the activity with you? | Who (else) was there with you but not directly involved in the activity? | What else were you doing at the same time? |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
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|----------------------------------|------------------|------------|------------|--|--|--|-----------------|--------------------------------------|--|--|
|                                  | A                | B          | C          | D  | E  | F  | G               | H                                    | I  | J  |
| TIME                             | What did you do? | Time Began | Time Ended | What did you use to watch or do this activity? (Examples: TV, DVD, VHS, I-pod or other MP3, X-box, computer, cell phone, etc.) | What was the name of the (program/video/game/ book)? | If you accessed the Internet to do this activity, what website(s) did you use? | Where were you? | Who was doing the activity with you? | Who (else) was there with you but not directly involved in the activity? | What else were you doing at the same time? |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |

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|----------------------------------|------------------|------------|------------|--|--|--|-----------------|--------------------------------------|--|--|
|                                  | A                | B          | C          | D  | E  | F  | G               | H                                    | I  | J  |
| TIME                             | What did you do? | Time Began | Time Ended | What did you use to watch or do this activity? (Examples: TV, DVD, VHS, I-pod or other MP3, X-box, computer, cell phone, etc.) | What was the name of the (program/video/game/ book)? | If you accessed the Internet to do this activity, what website(s) did you use? | Where were you? | Who was doing the activity with you? | Who (else) was there with you but not directly involved in the activity? | What else were you doing at the same time? |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |

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|----------------------------------|------------------|------------|------------|--|--|--|-----------------|--------------------------------------|--|--|
|                                  | A                | B          | C          | D  | E  | F  | G               | H                                    | I  | J  |
| TIME                             | What did you do? | Time Began | Time Ended | What did you use to watch or do this activity? (Examples: TV, DVD, VHS, I-pod or other MP3, X-box, computer, cell phone, etc.) | What was the name of the (program/video/game/ book)? | If you accessed the Internet to do this activity, what website(s) did you use? | Where were you? | Who was doing the activity with you? | Who (else) was there with you but not directly involved in the activity? | What else were you doing at the same time? |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |

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|----------------------------------|------------------|------------|------------|--|--|--|-----------------|--------------------------------------|--|--|
|                                  | A                | B          | C          | D  | E  | F  | G               | H                                    | I  | J  |
| TIME                             | What did you do? | Time Began | Time Ended | What did you use to watch or do this activity? (Examples: TV, DVD, VHS, I-pod or other MP3, X-box, computer, cell phone, etc.) | What was the name of the (program/video/game/ book)? | If you accessed the Internet to do this activity, what website(s) did you use? | Where were you? | Who was doing the activity with you? | Who (else) was there with you but not directly involved in the activity? | What else were you doing at the same time? |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |
|                                  |                  |            |            |  |  |  |                 |                                      |  |  |



**Please answer the following questions:**

A1. Who completed the time diary? (Please Circle One)

1. I did the time diary alone
2. My mom did the time diary alone
3. My mom and I did the time diary together
4. My dad did the time diary alone
5. My dad and I did the time diary together
6. I did the time diary with my interviewer
7. Other (specify): \_\_\_\_\_

A2. How typical was this day (for that day of the week)? **(Please Mark an X in the Box)**

|                 |   |   |   |   |                       |
|-----------------|---|---|---|---|-----------------------|
| Very<br>Typical |   |   |   |   | Not At All<br>Typical |
| 1               | 2 | 3 | 4 | 5 |                       |

A3. On what date did the time diary activities take place?

\_\_\_\_\_ (MONTH) \_\_\_\_\_ (DAY) \_\_\_\_\_ (YEAR)

A4. On what date did you fill out the time diary?

\_\_\_\_\_ (MONTH) \_\_\_\_\_ (DAY) \_\_\_\_\_ (YEAR)